

LWSC July Newsletter 2016

Show Jumping Summer Camp



On Monday 11th July through to Wednesday 13th July we held our first summer camp. This camp was the Show Jumping specific camp. The camp was aimed at competition riding and riders who wanted to extend their skills and knowledge to help them deal with different scenarios and obstacles that they may be faced with at a competition. As well as doing lots of learning and having lots of fun, our camp members were also treated to a nice relaxing hack around the river. All riders who attended the camp thoroughly enjoyed themselves as did we and of course our horses. We're looking forward to running the next one.



XC Schooling



On Wednesday 20th July and Wednesday 27th July we visited BREC to do some Cross Country schooling. It's the first time our horses and riders have been out to do any Cross Country since the end of the last season. We took a variety of inexperienced and experienced horses and riders and both days were a huge success. Everyone, especially our horses had a great time. It's made us all very excited about the start of the competition season which will be in September.



Dressage Summer Camp

Monday 25th July through to Wednesday 27th July saw our second summer camp and this time it was our Dressage specific amp. This was again aimed at riders who wanted to improve their skills with competing in mind. As well as having lessons on how to ride tests more effectively and accurately, the riders had a go at doing some Dressage to music. Everyone thoroughly enjoyed themselves and learned lots of new skills. A quick reminder that our last summer camp, the General camp will be held from the 10th – 12th August.



As well as learning lots of new skills on the camp. Our riders had a little fun practicing their jumping skills as well!

Gymnastic Jumping Demonstration

The HKEF have asked various riding centres to present a demonstration over the summer. On Friday 19th August it will be the turn of Lo Wu. We have decided that the topic of our demonstration is going to be Gymnastic Jumping. The Demo will start at 18:30 and will finish at approximately 20:00. Anyone is welcome and it will be a very good learning opportunity for anyone that attends. There will be refreshments available on the evening including a BBQ.



Childrens Challenge Cup

Once again the time has come for the start of the Children's Challenge Cup. The CCC is an inter-centre equitation Show Jumping competition between the various different riding establishments in Hong Kong. Unfortunately we don't have the exact running order as of yet but these are the centres that will be hosting the heats: LWSC, CEEC, LYM, TMPRS & BREC. Each establishment has its own team and the teams will go round competing at each of these different centres. This year it is running a bit earlier than normal and therefore we have to run our assessment earlier too. The assessment will be held on the proposed date 20th or 21st August in the afternoon so if you would like any more information regarding the children's challenge cup or if you are interested in becoming part of the team please speak to the office staff as soon as possible so we can get your name down for the assessment. There is an age limit of 12 years old, and you must be 12 years old or younger on the date of the first competition which is the 23rd September. Last year we were very successful, and as well as winning many of the heats we were also the champions overall! We would love to have the same result again this year.



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Competition Group

We currently have two competition groups that ride together on a Saturday. The sessions are very much aimed at competition riding both for Dressage and Jumping. Riders who show commitment and dedication to attending the sessions are then where possible, given the opportunity to borrow horses and compete in competitions that are held at BREC. The two groups that we currently have are a huge success and we are therefore considering creating a third competition group. There will be no age limit so if you are at all interested, please talk to the office staff.

Fun Facts About Our Horses



We believe that Hot Gossip is now over 40 years old and is the oldest Pony in Hong Kong.



Sir Ernesto (Ernie as he is now better known as) was a very good racehorse with several wins, many placings and total stakes of nearly \$6,000,000! He is now a very valuable member of our team both as a school horse and a competition horse.



Did you know that Blondie is Toby's Mum?