

# LWSC August Newsletter 2017

## 3-Day Event Clinic

From the 9<sup>th</sup> – 11<sup>th</sup> August, we ran a 3-day Eventing clinic where riders practiced their Show Jumping, cross country riding over our simulated XC course, and it was all rounded off with a morning at Beas river putting all of their skills in to action on the XC course. As well as riding, they learned about how to care for horses before, during and after competition. Everyone who attended had a lot of fun; we're looking forward to the next one!



# In-House Show Jumping

On Friday 25<sup>th</sup> August we ran an In-House Show Jumping competition. There were many riders having a go at Show Jumping for the first time and the evening was a huge success! Everyone rode exceptionally well and we're incredibly proud of you all, and of course, all of our wonderful horses and ponies! Below are the results:

## 60cm

Daniella Lin & Macaroon – 1<sup>st</sup>  
Saaga Niemi & Anneka – 2<sup>nd</sup>  
Mia Koerber & Toby – 3<sup>rd</sup>  
Julie Bardin & Daisy – 4<sup>th</sup>  
Sylvie Lung & Anthony – 5<sup>th</sup>  
Sarah Broderick & Toffee – 6<sup>th</sup>

## 70cm

Zoe Koerber & Jacob – 1<sup>st</sup>  
Amelia Qvist & Jacob – 2<sup>nd</sup>  
Eva Lohan & Sebastien – 3<sup>rd</sup>

## 80cm

Annabel Dyson & Koenigsberg – 1<sup>st</sup>  
Gabby Thomas & Fun Faster – 2<sup>nd</sup>  
Carla Cousins & Happy Eagle – 3<sup>rd</sup>

## 90cm

Gabby Thomas & Fun Faster – 1<sup>st</sup>  
Annabel Dyson & Koenigsberg – 2<sup>nd</sup>  
Amelia Qvist & Jacob – 3<sup>rd</sup>





# BHS Stage 1 & 2 Training



Our Stage 1&2 BHS training will resume on Saturday mornings from 16th September. The sessions will run at the same time, from 11:30 – 13:00. The course is going to be aimed at those of you that have entered for the exams in December and will be tailored towards your requirements. However, the course is still open to everyone. Those of you who have entered the BHS examinations should seriously consider signing up for this course

# Children's Challenge Cup

The Children's Challenge cup is a competition between all the different riding establishments in Hong Kong. There will be 4 heats altogether which will be held at the different riding centres in Hong Kong and then final will be held at BREC. The first of the heats will be held at Lei Yu Men Public Riding School on Friday 22<sup>nd</sup> September. Lo Wu have had huge success over the past years having won 3 out of the four years it's been running. We'd love to add another title to our string! CCC tryouts were held on September 1<sup>st</sup>, those of you who have earned a place on the team will be notified in due course.



# Event Training Clinic & Simulated XC

On Monday 14<sup>th</sup> August we held a simulated XC morning where riders got the chance to learn about and practice riding over different styles of jumps that you would see on a XC course. On Monday 21<sup>st</sup> August we held another Event Training Clinic where riders practiced their show jumping skills, and also did some theory on event riding. All riders thoroughly enjoyed themselves and both days were very successful.





# Andrew Bennie Clinic

We now have dates confirmed for Andrew Bennie's September clinics. His first clinic will run from Sunday 3<sup>rd</sup> September until Thursday 7<sup>th</sup> September and his second will run from Monday 25<sup>th</sup> September – Friday 29<sup>th</sup> September. We're all looking forward to his visit.



## Competition Teams

We'd like to welcome all of the new riders who have been invited to join the competition teams, we're looking forward to seeing them progress and start their competition career. We're also looking forward to watching our current members achieve success this year. The competition season is due to start again early September which we are all very excited about!



# Summer Holidays

We hope you have all had a good summer, we're sure we're all looking forward to the weather starting to cool down and the end of the typhoon season! Some of our riders have been having lots of fun riding in different parts of the world over the summer. As you all know, Tim Downes conducts a clinic here twice a year and some of our riders have taken the opportunity to visit his yard, Ingestre stables in the UK to receive some intensive training. For all those interested, here's what they had to say:

Over the summer holidays I went over to the UK and did some riding at Ingestre and The Cannock Chase trekking centre. At Ingestre I had some jumping lessons with Hannah. And at The Cannock Chase Trekking Centre, I focused more on dressage and helped school one of their ponies.

At Ingestre, Hannah was really positive and supportive. In both lessons I rode Sox and we got the jumps in the course up to 1.10. This was the highest I had ever jumped round a course and I was really excited to keep going. I really enjoyed riding at Ingestre.

Charli Haddican.



Zoe Koerber who is another member of our competition team also went to Ingestre stables over the summer. She had lots of fun and learned a lot riding a variety of horses and ponies and practicing her Dressage, Show Jumping and XC skills.

Over the summer holidays, I spent 2 weeks at Ingestre stables in Staffordshire, UK. I had the opportunity to train with several of Ingestre's instructors such as Tim Downes, Rob Lovatt and Andrew Bennie, riding several horses a day. During my lessons I rode a range of horses from 5 year olds in training to horses that have competed up to Prix Saint George in British Dressage and show jumpers that have competed up to 120cm. I had a mixture of dressage, show jumping and cross country lessons all in preparation for the upcoming competition season and am looking forward to seeing where my progress takes me over the next year.

Annabel Dyson.



# Weather Policy & Cancellations

Due to the adverse weather conditions in Hong Kong recently, we'd just like to take this opportunity to remind you all about our weather and cancellation policies.

Riding lessons will be cancelled without notification and with no charge when:

- Typhoon signal 8 or higher is raised
- When black flood warning are raised

Telephone us to enquire whether lessons are running when:

- Red flood warning is raised
- Typhoon 3 signal is raised
- Thunderstorm warning is raised

## Cancellation policy

If you need to cancel your lesson, you must inform us 24 hours prior to the lesson if your lesson is on a weekday, and 48 hours prior to the lesson if your lesson is at the weekend. If you do not inform us within enough time, or don't turn up for your lesson, you will be charged the full amount.

# Reminders...

- ✧ We'd like to ask all riders who wash down their own horses after lessons to ensure that they are properly and thoroughly washed down, especially around the areas where they have been wearing tack. It is particularly important during the hotter time of the year as it's very easy for the horses to overheat. If you are unsure whether your horse needs washing after your lesson, please ask your instructor.
- ✧ We'd also like to remind everyone to ensure that all tack is returned to the tack room and left neatly after use. This helps keep the tack in good, safe working order and when necessary, gives it chance to dry out.
- ✧ We'd also like to remind you all of the importance of wearing suitable footwear around the horses. Whenever you are around the stable area or the horses, you must be in sturdy, fully closed shoes. Flip flops and sandals etc are not suitable to be around horses in.
- ✧ Lo Wu Saddle Club advises all riders to wear back protectors when riding.